

A Sample Day at Flip Fest:

7:00-8:00am	Breakfast
8:00-8:30	All camp activity
8:30am	Counselor/Coaches meeting in the gym
8:45-12pm	Morning Training, Dance and Ropes Course rotations
12:00-1:00pm	Lunch
12:30pm	Canteen, Lake Front, Tubing and more!
1:00pm	Afternoon Ropes Course & Laser Tag
1:00pm	Giant board games on the hill
1:30pm	Arts & crafts on the Dining Hall deck
2:00pm	Chill activities in the Tin Can
2:00pm	Bee Hive visit/Scavenger Hunt
3:30-6:30pm	Afternoon Training, Dance and Ropes Course rotations
5:45-7:00pm	Evening Lake Front opens
6:00-7:30pm	Dinner
7:00pm	Canteen opens
7:45pm	Meet in front of cabins for Dance Costume Contest and Parade
8:00pm	CAMP DANCE!!!
9:00pm	Campfire
10:00pm	Campers in their cabins

*schedule & activities are subject to change